

World Olive Center for Health

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16/10/2025

Athens: 11/11/2025

Cert. Num: C2526-00142

CERTIFICATE OF ANALYSIS

Brand Name: PhenOLIV Organic

Owner: The Greek Olive Estate SA Variety: $O\Lambda YM\Pi IA - X\Omega PA\ddot{I}IKH$

Origin:

Harvesting Period: OCTOBER 2025

Oil Mill:

Chemical Analysis

Production Date:

Analysis Date:

Oleocanthal	180 mg/Kg
Oleacein	177 mg/Kg
Oleocanthal <mark>+</mark> Oleacein (index D1)	356 mg/Kg
Ligstroside aglycon (monoaldehyde form)	158 mg/Kg
Oleuropein aglycon (monoaldehyde form)	289 mg/K <mark>g</mark>
Ligstroside agly <mark>con</mark> (dialdehyde form)*	847 mg/ <mark>K</mark> g
Oleuropein aglycon (dialdehyde form)**	H 350 mg/Kg
Free Tyrosol	10 mg/Kg
Total tyrosol derivatives	1,195 mg/Kg
Total hydroxytyrosol derivatives	816 mg/Kg
Total polyphenols analyzed	2,011 mg/Kg

Comments:

The levels of oleocanthal and oleacein are higher than the average values (135 and 105 mg/Kg respectively) of the samples included in the international study performed at the University of California, Davis.

The daily consumption of 20 g of the analyzed olive oil provides 40,22mg of hydroxytyrosol, tyrosol or their derivatives.

Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed at the National and Kapodistrian University of Athens according to the method that has been submitted to EFET and published in J. Agric. Food Chem. 2012, 60, 11696, J. Agric. Food Chem. 2014, 62, 600 & Molecules 2020, 25, 2449.

The results relate to the analyzed sample.

*Ligstrodial+Oleokoronal **Oleomissional+Oleuropeindial

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